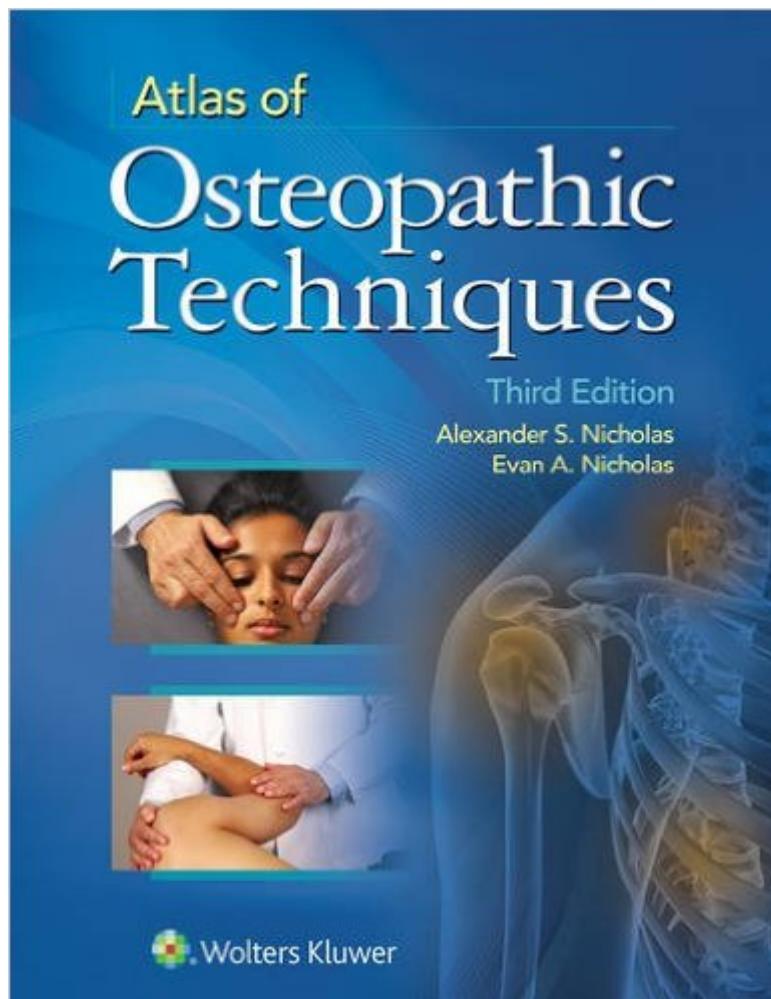


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# Atlas Of Osteopathic Techniques



## **Synopsis**

This one-of-a-kind reference is ideal for exam preparation and clinical rotations, as well as an excellent refresher for day-to-day clinical practice. Get step-by-step, full-color guidance on manipulative methods commonly taught and used in osteopathic medical education and practice. More than 1,000 vibrant photos and illustrations highlight concise, readable textâ "all on the same or adjacent page for quick and easy reference. The third edition includes extensive additions to the chapter on cranial techniques, as well as significantly revised overviews of high-velocity, low-amplitude techniques, muscle energy techniques, and counterstrain techniques. Â Â

## **Book Information**

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Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (21 customer reviews)

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## **Customer Reviews**

I am a 2nd year Osteopathic Med Student and purchased the book b/c it was required for the course. The atlas contains several hundred useful techniques and what makes it nice is it provides step by step instructions for each technique with accompanying pictures that make the instructions easy to understand and memorize for exams. This book will be a useful resource to remember many techniques throughout my career. I wish they offered it in hardcover b/c I will use it for a long time to come

Thought this book was very well presented. The pictures were very clear. I was really able to go back and relearn/review a lot of techniques I was rusty on for my Family Practice Recertification Boards. I did deduct a star because how the book was organized was a bit confusing at times, and

so I had to flip all around the place. But the pictures were really well done and the arrow made it very clear HOW the techniques were done. I also really liked that it gave variations on each technique, so that you could find the one that worked best for you or in a specific situation.

This is one of the best resources I've found for OMT refresher. The pictures are sharp and well posed so you can clearly see the setup and activation necessary. An excellent atlas, wish I had had this when I was at KCOM.

I purchased this text as a review for Family Practice Board Re-certification. It's comprehensive, detailed, and presented in a clear, well photographed manner. The additional availability of on-line video clips makes this as close as you can get to having an OMT specialist in your study!

The Nicholas family has, once again, delivered a landmark text on osteopathic technique. The coverage of the wide variety of Osteopathic techniques is extensive. Visually, the photography and added artwork make this one of the most useful osteopathic technique manuals available today.

This book is great. It really helps me for my OMM class. Now there are several areas this book is lacking... namely theory. If you want theory than you need to get another expensive book by the name of Foundations of Osteopathic Medicine. This book is great to bring before exams. It doesn't have everything, but the Spencer technique section really saved me. Also, I was able to look up counterstrain of the quadratus lumborum to help someone I cared about after I learned the theory of counterstrain. I think it is a great addition to the self of the Osteopathic Physician and also to any allopathic physicians that want to give these techniques a try.

This book is quite helpful in showing how to perform the osteopathic techniques, as well as indications/contraindications to the procedures. Good for osteopathic students but I could imagine that experienced physicians would find it helpful as well. Sometimes a little confusing with the black/white arrows (trying to figure out which way patient is moving versus the physician). A little pricey for a paperback but good content. I probably would have rated it at "4 stars" if it was a little less expensive.

If you're going into osteopathic medicine, you'll probably need this book. This is a second edition; it has significant additions and alterations from the first edition, so if you're trying to decide whether

you can get away with using the first edition, know that you would be missing a significant amount of information (I haven't gotten there yet, but I've been told it's most noticeable in the counterstrain techniques section).

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